

Supplement Facts V12

Serving Size 4 Chewable Tablets
Servings Per Container 30

4 chewable tablets contain	Amount Per Serving	% Daily Value for Adults and Children 4 or more years of age	% Daily Value for Children 1 through 3 Years of Age
Calories	25		
Total Carbohydrate	5 g	2%*	3%**
Vitamin A (from 4,000 IU as Natural Beta-Carotene)	1,200 mcg	133%	400%
Vitamin C (as Ascorbic Acid USP, Sodium Ascorbate USP)	350 mg	389%	2,333%
Vitamin D (D3 as Cholecalciferol)	10 mcg (400 IU)	50%	67%
Vitamin E (from 50 IU as d-Alpha Tocopherol Succinate USP)	33.5 mg	223%	558%
Vitamin K (as Phytonadione)	10 mcg	8%	33%
Thiamin (Vitamin B1) (from Thiamin Mononitrate)	10 mg	833%	2,000%
Riboflavin (Vitamin B2)	10 mg	769%	2,000%
Niacin (as Niacinamide)	10 mg	63%	167%
Vitamin B6 (as Pyridoxine Hydrochloride)	10 mg	588%	2,000%
Folate (from 400 mcg Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	680 mcg DFE	170%	453%
Vitamin B12 (as Methylcobalamin)	25 mcg	1,042%	2,778%
Biotin	30 mcg	100%	375%
Pantothenic Acid (as d-Calcium Pantothenate USP)	10 mg	200%	500%
Calcium (as DimaCal® Dicalcium Malate, TRAACS® Calcium Bisglycinate Chelate)	50 mg	4%	7%
Iron (as Ferrous Gluconate USP)	1.25 mg	7%	18%
Iodine (from Potassium Iodide)	75 mcg	50%	83%
Magnesium (as DiMagnesium Malate, TRAACS® Magnesium Bisglycinate Chelate)	50 mg	12%	63%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	2.5 mg	23%	83%
Selenium (as Selenium Glycinate Complex)	10 mcg	18%	50%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	0.1 mg	4%	8%
Chromium (as O-polynicotinate)†	25 mcg	71%	227%
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	1 mcg	2%	6%
Sodium	35 mg	1%	2%
Potassium (as Potassium Glycinate Complex)	25 mg	<1%	<1%
Inositol NF	5 mg	***	***
<i>para</i> -Aminobenzoic Acid (PABA)	5 mg	***	***
Vanadyl Sulfate Hydrate	100 mcg	***	***
Boron (as Bororganic™ Glycine)	25 mcg	***	***

* Percent Daily Values are based on a 2,000 calorie diet.
 ** Percent Daily Values are based on a 1,000 calorie diet.
 *** Daily Value not established

Other Ingredients:

Xylitol, Microcrystalline Cellulose, Isomalt, Natural Flavors, Lemon Juice Powder, Stearic Acid, Sodium Stearyl Fumarate, Citric Acid, Turmeric Root Extract, Rebaudioside A (Organic), and Silicon Dioxide.