

Supplement Facts ^{V4}

Serving Size 4 Capsules
Servings Per Container 30

4 capsules contain	Amount Per Serving	% Daily Value
Calcium (as TRAACS® Calcium Bisglycinate Chelate)	300 mg	23%
Magnesium (as DiMagnesium Malate, 150 mg TRAACS® Magnesium Lysinate Glycinate Chelate)		36%
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	25 mg	227%
Selenium (as Selenium Glycinate Complex)	190 mcg	345%
Manganese (as TRAACS® Manganese Bisglycinate Chelate)	5 mg	217%
Chromium (as O-polynicotinate)‡	190 mcg	543%
Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)	45 mcg	100%
Potassium (as Potassium Glycinate Complex)	90 mg	2%
Betaine Hydrochloride USP	45 mg	*
Vanadyl Sulfate Hydrate	3 mg	*
Boron (as Bororganic™ Glycine)	45 mcg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, Stearic Acid, and Silicon Dioxide.