

# Supplement Facts

Serving Size 2 Soft Gel Capsules

Servings Per Container 45

<b>2 soft gel capsules contain</b>	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Calories	20	
Total Fat	2 g	3%*
Flax Seed Oil (Organic)	2 g	**

\* Percent Daily Values are based on a 2,000 calorie diet

\*\* Daily Value not established

Other Ingredients: Gelatin, Glycerin, and Purified Water.