

# Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

<b>1 capsule contains</b>	<b>Amount Per Serving</b>	<b>% Daily Value</b>
Zinc (as TRAACS® Zinc Bisglycinate Chelate)	8 mg	73%
Selenium (as Selenium Glycinate Complex)	50 mcg	91%
Copper (as TRAACS® Copper Bisglycinate Chelate)	0.5 mg	56%
Saw Palmetto Berry Extract (Standardized to contain 45% Fatty Acids)	300 mg	*
Nettles Root Extract (Standardized to contain 30 ppm Scopoletin)	120 mg	*
Pygeum Bark Extract	50 mg	*

\* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, and Silicon Dioxide.