

Supplement Facts ^{V3}

Serving Size 2 Capsules
Servings Per Container 30 & 60

2 capsules contain	Amount Per Serving	% Daily Value
Biotin USP	3,000 mcg	10,000%
Chromium (as O-polynicotinate)‡	800 mcg	2,286%
Alpha Lipoic Acid	400 mg	*
Cinnamon Bark Extract (Cinnulin®)	150 mg	*
Vanadyl Sulfate Hydrate	50 mg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Magnesium Stearate, and Silicon Dioxide.