

Supplement Facts^{V4}

Serving Size 1 Capsule

Servings Per Container 60 & 120

1 capsule contains	Amount Per Serving	% Daily Value
Vitamin B6 (as Pyridoxine Hydrochloride USP)	50 mg	2,941%
Folate	8,500 mcg DFE (5,000 mcg Folic Acid)	2,125%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	41,667%
Betaine (Trimethylglycine)	500 mg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Magnesium Stearate, Stearic Acid, and Calcium Silicate.