

Supplement Facts ^{V4}

Serving Size 1 Scoop (15 Grams)
Servings Per Container About 30

	Amount Per Serving	% Daily Value
Calories	60	
Total Fat	1 g	1%*
Total Carbohydrate	12 g	4%*
Dietary Fiber	8 g	29%*
Soluble Fiber	5 g	
Total Sugars	3 g	**
Includes 2.5 g Added Sugars		5%*
Protein	0.5 g	<1%*
Calcium	25 mg	2%
Iron	1.3 mg	7%
Sodium	25 mg	1%
Potassium	110 mg	2%
Proprietary Blend	11.2 g	
Psyllium Husk Powder (Organic)		**
Flaxseed Flour (Organic)		**
Rice Bran		**
Apple Pectin		**
Fig		**
Prune		**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Whole Grain Brown Rice Sweetener (Oryza™), Natural Flavor, Ascorbyl Palmitate, Silicon Dioxide, and Rebaudioside A (Organic).