

# CORE RESTORE VANILLA 14 DAY KIT

## Supplement Facts<sup>v3</sup>

Serving Size 2 Scoops (37.5 Grams)  
Servings Per Container About 14

| 2 scoops contain   | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| Calories   | 150                |               |
| Total Fat  | 2 g                | 3%*           |
| Total Carbohydrate   | 13 g               | 5%*           |
| Dietary Fiber  | 6 g                | 21%*          |
| Total Sugars   | 5 g                | **            |
| Includes 5g Added Sugars   |                    | 10%*          |
| Protein  | 15 g               | 30%*          |
| Calcium  | 20 mg              | 2%            |
| Iron   | 1 mg               | 6%            |
| Magnesium (as Magnesium Citrate USP)   | 100 mg             | 24%           |
| Sodium   | 30 mg              | 1%            |
| Potassium (as Potassium Citrate USP)   | 170 mg             | 4%            |
| Rice Protein   | 18.8 g             | **            |
| Psyllium Husk Powder (Organic)   | 5.17 g             | **            |
| Glycine USP  | 500 mg             | **            |
| <b>Vegetable Antioxidant Blend</b><br>(2,500 ORAC):                                  | 500 mg             |               |
| Broccoli Sprout Concentrate  |                    | **            |
| Onion Extract  |                    | **            |
| Tomato   |                    | **            |
| Broccoli   |                    | **            |
| Carrot   |                    | **            |
| Spinach  |                    | **            |
| Kale   |                    | **            |
| Brussels Sprout  |                    | **            |
| Taurine  | 250 mg             | **            |
| L-Glutamine USP  | 150 mg             | **            |
| Acetyl L-Carnitine Hydrochloride   | 125 mg             | **            |
| N-Acetyl-L-Cysteine USP  | 125 mg             | **            |
| Alpha Lipoic Acid  | 50 mg              | **            |
| Green Tea Leaf Extract (Standardized to contain 45% EGCG (Epigallocatechin gallate)) | 50 mg              | **            |
| Rosemary Leaf Extract  | 50 mg              | **            |
| Schisandra Berry Extract   | 50 mg              | **            |
| Ellagic Acid   | 25 mg              | **            |
| Glucosinolates   | 1 mg               | **            |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established

### Core Support French Vanilla Product# 680001

Other Ingredients: Natural Flavors, Whole Grain Brown Rice Sweetener (Organic)(Oryza™), Silicon Dioxide, Rebadioside A (Organic), and Ascorbyl Palmitate.

## Supplement Facts<sup>v7</sup>

Serving Size 4 Capsules  
Servings Per Container 14

| 4 capsules contain  | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Vitamin A (from 7,500 IU as Betatene® Natural Mixed Carotenoids, Palmitate)               | 2,250 mcg          | 250%          |
| Vitamin C (as Calcium Ascorbate USP, Ascorbic Acid USP)                                   | 500 mg             | 556%          |
| Vitamin D (D3 as Cholecalciferol)   | 25 mcg (1,000 IU)  | 125%          |
| Vitamin E (from 100 IU as d-Alpha Tocopherol Succinate USP)                               | 67 mg              | 447%          |
| Vitamin K (K1 as Phytonadione, K2 as Menaquinone-7 (MK-7, MenaQ7®PRO))                    | 62.5 mcg           | 52%           |
| Thiamin (Vitamin B1) (from Thiamine Hydrochloride USP)                                    | 25 mg              | 2,083%        |
| Riboflavin (Vitamin B2 USP)   | 25 mg              | 1,923%        |
| Niacin (as Niacin USP, Niacinamide USP)   | 25 mg              | 156%          |
| Vitamin B6 (as Pyridoxine Hydrochloride USP)  | 37 mg              | 2,176%        |
| Folate (from 400 mcg as Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)  | 680 mcg DFE        | 170%          |
| Vitamin B12 (as Methylcobalamin)  | 500 mcg            | 20,833%       |
| Biotin  | 200 mcg            | 667%          |
| Pantothenic Acid (as d-Calcium Pantothenate USP)  | 150 mg             | 3,000%        |
| Choline (as Choline Bitartrate)   | 19 mg              | 3%            |
| Calcium (as DimaCal® Dicalcium Malate, Calcium Ascorbate USP, d-Calcium Pantothenate USP) | 100 mg             | 8%            |
| Iodine (from Kelp)  | 112 mcg            | 75%           |
| Magnesium (as DiMagnesium Malate, TRAACS® Magnesium Lysinate Glycinate Chelate)           | 200 mg             | 48%           |
| Zinc (as TRAACS® Zinc Bisglycinate Chelate)   | 10 mg              | 91%           |
| Selenium (as Selenium Glycinate Complex)  | 100 mcg            | 182%          |
| Copper (as TRAACS® Copper Bisglycinate Chelate)   | 1 mg               | 111%          |
| Manganese (as TRAACS® Manganese Bisglycinate Chelate)                                     | 2 mg               | 87%           |
| Chromium (as O-polynicotinate) <sup>†</sup>   | 200 mcg            | 571%          |
| Molybdenum (as TRAACS® Molybdenum Glycinate Chelate)                                      | 25 mcg             | 56%           |
| Potassium (as Potassium Citrate USP)  | 50 mg              | 1%            |
| Inositol NF   | 50 mg              | *             |
| Mixed Tocopherols   | 50 mg              | *             |
| Rutin   | 25 mg              | *             |
| Boron (as Bororganic™ Glycine)  | 1.5 mg             | *             |
| Vanadyl Sulfate Hydrate   | 1 mg               | *             |

\* Daily Value not established

### Alpha Base Capsules without Iron Product# 152056

Other Ingredients: Natural Vegetable Capsules, Stearic Acid, and Magnesium Stearate.

**MenaQ7®PRO**  
Vitamin K2 as MK-7

MenaQ7®PRO is a registered trademark of NattoPharma ASA; Patents pending and granted.

## Supplement Facts<sup>v2</sup>

Serving Size 3 Capsules  
Servings Per Container 19

| 3 capsules contain  | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Choline (as Choline Bitartrate)                                   | 72 mg              | 13%           |
| Dandelion Root Extract  | 225 mg             | *             |
| Artichoke Leaf Extract (Standardized to contain 5% Cynarin)       | 145 mg             | *             |
| Inositol NF   | 140 mg             | *             |
| L-Methionine USP  | 140 mg             | *             |
| Milk Thistle Seed Extract (Standardized to contain 80% Silymarin) | 130 mg             | *             |
| Garlic Bulb   | 100 mg             | *             |
| Turmeric Root Extract (Standardized to contain 95% Curcuminoids)  | 100 mg             | *             |
| Beet Leaf   | 65 mg              | *             |

\* Daily Value not established

### PhytoCore Product# 523058

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Silicon Dioxide, and Magnesium Stearate.