

Supplement Facts^{v1}

Serving Size 4 Capsules
Servings Per Container 15 & 30

4 capsules contain	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	50 mg	56%
Niacin (as Niacinamide USP)	10 mg	63%
Vitamin B6 (as Pyridoxal-5'-Phosphate)	10 mg	588%
Folate (from 400 mcg as Quatrefolic [®] (6S)-5-Methyltetrahydrofolic acid glucosamine salt)	680 mcg DFE	170%
Vitamin B12 (as Methylcobalamin)	200 mcg	8,333%
Magnesium (as DiMagnesium Malate)	75 mg	18%
Zinc (as TRAACS [®] Zinc Bisglycinate Chelate)	5 mg	45%
Inositol NF	1 g	*
L-Tyrosine USP	400 mg	*
Mucuna Pruriens Extract (Standardized to contain 10% L-Dopa)	400 mg	*
5-HTP (5-Hydroxytryptophan) (from <i>Griffonia simplicifolia</i> (Seed))	150 mg	*
L-Theanine (Suntheanine [®])	100 mg	*
Gamma Aminobutyric Acid (PharmaGABA [™])	100 mg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Magnesium Stearate, and Silicon Dioxide.