

Supplement Facts^{V1}

Serving Size 2 Capsules
Servings Per Container 30

2 capsules contain	Amount Per Serving	% Daily Value
Ashwagandha Root Extract (Standardized to contain 1.5% Withanolides)	250 mg	*
Skullcap Root Extract (Standardized to contain 30% Flavones as <i>S. baicalensis</i>)	250 mg	*
Eleuthero Root Extract (Standardized to contain 0.8% Eleutherosides)	200 mg	*
<i>Rhodiola rosea</i> Root Extract (Standardized to contain 3% Rosavins)	200 mg	*
L-Theanine	100 mg	*
Phosphatidylserine (from Soy Lecithin)	100 mg	*

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Magnesium Stearate, Calcium Silicate, and Stearic Acid.
Contains Soy.