

Supplement Facts

Serving Size 2 Scoops (37.4 Grams)

Servings Per Container 14

2 scoops contain	Amount Per Serving	% Daily Value
Calories	160	
Total Fat	4 g	5%*
Saturated Fat	1.5 g	8%*
Total Carbohydrate	17 g	6%*
Dietary Fiber	12 g	43%*
Total Sugars	1 g	**
Protein	10 g	20%*
Calcium	30 mg	2%
Iron	2 mg	11%
Chromium (as O-polynicotinate)†	400 mcg	1,143%
Sodium	50 mg	2%
Potassium	240 mg	5%
Proprietary Blend	30.3 g	
Rice Protein		**
Flaxseed Flour (Organic)		**
Guar Gum Fiber (Sunfiber®)		**
Inulin		**
Gum Arabic (<i>Acacia senegal</i>)		**
Glucomannan (from Konjac Root)		**
Alpha Linolenic Acid (from Organic Flaxseed Flour)	1.3 g	**
Alpha Lipoic Acid	100 mg	**
Vanadyl Sulfate Hydrate	5 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established

Other Ingredients: Cocoa processed with alkali, Natural Flavors, Silicon Dioxide, Ascorbyl Palmitate, Guar Gum, Gum Acacia, Xanthan Gum and Rebaudioside A (Organic).