

GLUCOSAMINE SULFATE



CLINICAL APPLICATIONS

- Supports Joint Integrity and Movement
- Helps Protect Cartilage Cells
- Enhances Synthesis of Proteoglycans for Healthy Connective Tissue
- Maintains Normal Inflammatory Balance

MUSCULOSKELETAL HEALTH

Glucosamine sulfate has a long history and an extensive body of research highlighting its role in protecting cartilage, the shock-absorbing, gel-like material located between the joints. As the key precursor to cartilage formation, glucosamine sulfate supports connective tissue health to provide full support for joint comfort, as well as integrity and movement, while maintaining normal inflammatory balance. Glucosamine sulfate is also a precursor to chondroitin sulfate and hyaluronic acid, both of which are natural compounds found in the synovial fluid of cartilage. The Glucosamine Sulfate formula provides maximum support for healthy joint function.

Overview

The joint cartilage is composed of collagen fibers, which impart tensile strength, and proteoglycan molecules (especially chondroitin and hyaluronic acid), which serve as a shock-absorbing cushion. The hands, as well as weight-bearing joints (knees, hips and spine), are areas that undergo the greatest stress from the impacting pressure of weight and movement. In order to maintain joint health, it is important that the collagen matrix, or the support structure of the cartilage, remains intact. Glucosamine is an aminomonosaccharide, which is a component of almost all human tissues, including cartilage. Glucosamine is the principal component of glycosaminoglycans (GAGs), which form the matrix of all connective tissues.

Joint Integrity and Movement[†]

Glucosamine sulfate's main physiological effect is to stimulate the production of glycosaminoglycans and promote the incorporation of sulfur into the cartilage to maintain its gel-like

structure and ability to act as a shock absorber. Glucosamine is the most fundamental building block for the biosynthesis of other compounds required to maintain joint health including glycolipids, glycoproteins, hyaluronate and proteoglycans. Meta-analyses have long confirmed positive findings for the use of glucosamine.²⁻⁴ In an early double-blind, placebo-controlled trial of 80 subjects, half of the group received 1.5 g of glucosamine sulfate in 3 divided doses, and the other half was given a placebo. Those given glucosamine sulfate demonstrated a significant improvement in maintaining joint health, versus the placebo group (71% vs 41%).⁵ A more recent 16-week, randomized, double-blind, placebo-controlled trial of a glucosamine-based dietary supplement with chondroitin sulfate and three antioxidant micronutrients, found that joint health was maintained at all four assessment time points (weeks 4, 8, 12 and 16) in the control group, but not at any time point in the placebo group.⁷ Lastly, a 2013 study of data from a French database of 11,772 adults found that those taking a glucosamine supplement were able to maintain joint health.⁷

Normal Inflammatory Balance[†]

Although exact mechanisms of action are yet to be established, research suggests that glucosamine supplementation helps modulate cytokine production in addition to directly stimulating chondrocytes (cartilage cells that help produce and maintain a healthy cartilage matrix), while aiding in the incorporation of sulfur into cartilage.^{8,9} Glucosamine has been found to maintain normal inflammatory balance and alleviate oxidative stress.¹¹

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Directions

1 capsule two times per day or as recommended by your health care professional.

Does Not Contain

Gluten, corn, yeast, artificial colors and flavors.

Cautions

If you are pregnant or nursing, consult your physician before taking this product.

Supplement Facts ^{V2}		
Serving Size 1 Capsule Servings Per Container 120		
1 capsule contains	Amount Per Serving	% Daily Value
Potassium (from Glucosamine Sulfate Potassium Chloride)	95 mg	2%
Glucosamine Sulfate Potassium Chloride	750 mg	*
* Daily Value not established		

ID# 541120 120 Capsules

References

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