

Subject Line: It's time to revitalize your health

Preview Text: Please join me for an exciting group event, Detox with Your Doctor, to experience improved energy, mental clarity and overall health.

Hi [patient name],

I am excited to personally invite you to join me for our upcoming **Detox with Your Doctor** group event—exclusively available to my patients and their guests! This unique, clinically supervised program will empower you to make simple, healthy choices that promote efficient detoxification.

Your body has an innate detoxification process, also known as **biotransformation**, but it requires a lot of energy and specific nutrients to package and remove toxins safely. Many people do not get enough of those nutrients from their diet, and the high volume of incoming toxins you may be exposed to also depletes the cellular energy and nutrients your body needs for effective biotransformation.

Over time, stress, inadequate sleep, processed foods, pollutants and other toxin sources can increase your body's total toxic burden. This contributes to numerous health challenges, including fatigue, brain fog, skin issues, muscle aches, stubborn weight gain and hormonal imbalances, just to name a few.

During the kick-off event, I will share with you more about the impact of toxins on your health and how the innovative **Core Restore® program** provides specific, scientifically proven nutrition to help increase your cellular energy and restore your body's natural biotransformation functions.

Core Restore® includes an easy-to-follow handbook packed with nutritious, chef-inspired recipes and daily encouragement emails to support your success. Plus, I will participate in the program alongside you so we can experience all the wonderful benefits together.

Join me for the kick-off presentation on [date/time] at [location] for [cost], which includes a Core Restore® kit complete with everything you need to reduce your total toxic burden and boost your cellular energy production.

Space for this event is limited! Save your spot by replying to this email or calling [phone number]. Registration closes on [date]. Remember, you can bring a friend or family member!

I look forward to joining you on this journey to revitalize our well-being.

In good health,

[Signature]