# What are the Benefits of Supplementing CoQ-10?

- Protect against oxidative stress
- Boost energy
- Restore nutrient reserves

## **CoQ-10**

Support CoQ-10 levels before, during and after statin therapy





ef-fi-ca-cy — The power to produce a desired result.

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**Don't Let Statins Deplete This Key Nutrient** 

**CoQ-10** 



#### **CoQ-10 Supplementation: Quality Matters**

CoQ-10 is a vital nutrient your body requires not only for energy production, but also for cellular antioxidant protection. When the body's production of CoQ-10 naturally declines or when reserves are depleted by statins, supplementation may be necessary. However, supplementing with CoQ-10 proves difficult, as many low-quality retail products come with poor absorption or are disguised behind outlandish marketing claims. And often, online distributors use suspect shipping standards, which can prematurely degrade the CoQ-10 molecule. When choosing a CoQ-10 supplement, quality is the most important factor for effectiveness and consistent results

#### **Energy Production**

CoQ-10 is required for normal production of the energy currency ATP. When supplemented, CoQ-10 maintains healthy energy levels as natural production declines.

#### **Antioxidant Support**

CoQ-10 also protects cells from oxidative stress, acting as a cellular antioxidant. Supplementation can help support CoQ-10 levels already within the normal range, or when depleted by pharmaceutical intervention.

### Supplement Facts

Serving Size 1 Soft Gel Capsule Servings Per Container 30, 60, 120

1 soft gel capsule contains	Amount Per Serving	% Daily Value
Vitamin E (from 100 IU as d-Alpha Tocop	64 mg herol)	427%
Coenzyme Q10	100 mg	*
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\* Daily Value not established

ID# 120030 30 Capsules ID# 120060 60 Capsules

ID# 120120 120 Capsules

#### SUGGESTED USE:

1 or more soft gel capsules per day or as recommended by your health care professional.



These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease