

7th ANNUAL

Functional Pharmacy Symposium



Food, Pharma and Autoimmunity: Pharmacists at the Frontline of an Epidemic

WHAT TO EXPECT

Chronic autoimmune disease is presenting at record levels. According to the National Institutes of Health (NIH), 25.3 million Americans currently live with an autoimmune disorder. This figure doesn't include people who are pre-autoimmune, undiagnosed or misdiagnosed. More than 70% of autoimmune disorders can be traced back to consuming the wrong foods, making diet and gut-immune barrier function critical battlegrounds for achieving and maintaining health. We must rebuild nutrient and metabolic reserves, and take back health through lifestyle changes. Gaps in the current health care model present a unique opportunity for independent pharmacists. With the right tools, you can partner with your patients and help them alleviate or avoid these health challenges.

This one-day, interactive symposium, featuring five pharmacy and functional medicine experts, will help you put the "care" back in health care. You will hear a pharmacist's journey through autoimmune challenges, which led her to lifestyle change and an intense desire to understand the role of nutrition in autoimmunity. You will learn the latest autoimmunity research and innovative approaches to autoimmune challenges. The Functional Pharmacy Symposium will provide you with protocols, easy-to-implement tools, and a step-by-step guide to transforming your patient care. Join other like-minded clinicians in Nashville for networking, inspiration and clinical learning as you take that next step toward enhanced patient care.

OBJECTIVES

- Define the science and importance of gut health and autoimmune disease
- Understand recent research highlighting nutrition and autoimmunity
- Identify the effects of common medications on the gastrointestinal system and immune resiliency
- Review an updated protocol for successfully phasing out PPIs and healing the root cause of gut issues
- Discuss patient programs designed to address chronic inflammation and autoimmune disease

September 24, 2022

Gaylord Opryland Resort & Convention Center

2800 Opryland Drive,
Nashville, TN 37214



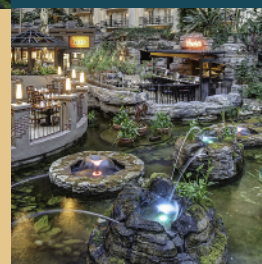
Call
877-382-7299

Ask for the
Pharmacy Symposium
Room Block - PHARM2022

<https://bit.ly/PHARM2022>

Room Rate:
Single or Double
\$229 per night

Expires:
08/25/2022



Special Discount

SAVE \$100

Use Code **ORTHO22**

Expires 08/25/2022

TO REGISTER, VISIT
fxmedce.com/fxps2022



PROUD SPONSORS



Food, Pharma and Autoimmunity: Pharmacists at the Frontline of an Epidemic



7.0 hours of CE
available for pharmacists
and pharmacy techs

SCHEDULE

Saturday, September 24, 2022

8 - 8:05a	Welcome and Introductions Jeff Robins, RPh, FAARFM, ABAHP
8:05 - 9a	My Autoimmune Journey: From Pharmacist to Patient Kirsty Washam, PharmD
9 - 10a	The Effects of Common Prescription Medications on the GI System: Counseling Patients on Drug-Induced Nutrient Depletion (DIND) and Drug-Induced Microbiome Disruption (DIMD) Kirsty Washam, PharmD and Dani Williamson, FNP
10 - 10:30a	Break
10:30 - 11:30a	When Food Bites Back: New Research on the Relationship Between Food and Autoimmunity Elroy Vojdani, MD
11:30a - 12p	Patient Cases and Q&A Elroy Vojdani, MD and Jeff Robins, RPh, FAARFM, ABAHP
12 - 1p	Lunch
1 - 2p	Chronic PPI Use and the Pitfalls of PPI Withdrawal: The Gut-Healing Protocol to Successfully Reduce PPI Usage and Rebuild the Gut-Immune Barrier Vincent Pedre, MD
2 - 2:30p	Patient Cases and Q&A Vincent Pedre, MD and Jeff Robins, RPh, FAARFM, ABAHP
2:30 - 3p	Break
3 - 4:30p	Inflammation is the Devil: Building Patient Programs for Patient Transformation - A Guided Tour Dani Williamson, FNP and Melody Hartzler, PharmD, BCACP, BC-ADM
4:30 - 5p	Q&A and Closing Comments Faculty Panel

SPEAKERS



**Jeff Robins, RPh,
FAARFM, ABAHP**

Pharmacist, Owner
of Summit
Functional
Consulting



**Elroy Vojdani,
MD**

Nationally Recognized
Functional Medicine
Clinician



**Vincent Pedre,
MD**

Medical Director of
Pedre Integrative
Health and Founder
of Dr. Pedre
Wellness



**Melody Hartzler,
PharmD, BCACP,
BC-ADM**

Clinical
Pharmacist



**Dani Williamson,
FNP**

Integrative Healthcare
Nurse Practitioner



**Kirsty Washam,
PharmD**

Clinical
Pharmacist



7th ANNUAL
**Functional
Pharmacy
Symposium**

**FUNCTIONAL
MEDICINE**
Continuing Education