# Toxic Burden: How Much Is Too Much?

As the total burden of toxins increases, a variety of symptoms can occur throughout the body:

# **BRAIN**

Difficulty concentrating or brain fog

# **THYROID**

Decreased thyroid hormone production or metabolic interference

#### **GUT**

Gas, bloating or digestive disturbances

# REPRODUCTIVE SYSTEM

Estrogen or testosterone imbalance

# MUSCLES AND JOINTS

Occasional muscle aches, joint discomfort or fatigue

# **SINUSES**

Excessive congestion or other sinus issues

# **IMMUNE SYSTEM**

Immune system challenges or autoimmune susceptibility

# **WEIGHT**

Difficulty losing weight or maintaining a healthy weight

# **CELLULAR DNA**

Disrupted cellular metabolism or impaired cell replication

# **SKIN**

Itchiness, rashes or other skin issues

The Core Restore® program is designed to improve your body's ability to safely detoxify and eliminate toxins.

